



Download your next claim form from your member portal at [www.cigna.co.uk/members](http://www.cigna.co.uk/members) or visit the Members page at [www.cigna.co.uk](http://www.cigna.co.uk)

Find out more at [www.cigna.co.uk/healthydiscounts](http://www.cigna.co.uk/healthydiscounts)

Name of member:

Date of birth:

Name of patient:

Date of birth:

Cigna ID number:

Name of employer/group scheme:

## 1. PATIENT'S DETAILS To be completed by patient. Please complete in BLOCK CAPITALS.

Address	
Town/city	
County	Postcode
Telephone no.	Relationship to member
Email address	
Claim settlement (please carefully read note 2 below before completing this section)	
Name of account holder(s)	
Branch sort code	Bank account no.

### IMPORTANT NOTES - PLEASE READ CAREFULLY

- Please complete this form fully, as failure to do so could delay settlement of the claim.
- Please consider giving us your bank account details as a direct payment to your account will improve our claims turnaround service to you. If you wish payment made directly into your bank account, you must enter your bank details on every claim form you send us (otherwise we will pay you by cheque). All bank details you provide Cigna with will be kept secure and will only be used to pay your claim.
- After treatment is complete, ensure that the dentist completes the reverse side of this form, outlining the treatment received.
- Settle the bill direct with your dentist and remember to obtain a full payment receipt. It is advisable to retain copies or details of all bills or receipts submitted for your own reference.
- Then forward the completed claim form, along with the original receipts to: Cigna Dental Claims, 1 Knowe Road, Greenock, Scotland PA15 4RJ.** Alternatively you can submit your claim online by logging on to your member portal and uploading a completed claim form together with your itemised receipts or by email to [smyle@cigna.com](mailto:smyle@cigna.com). We reserve the right to request the original copies so please do not destroy these whilst the claim is being processed.
- Pre authorisation is only required for dental implants or oral cancer treatment.** The claim form should then be forwarded to Cigna via the online member portal with itemised receipts or by email or post.
- If claiming for accident or emergency treatment, please provide full details.

## 2. DATA PROTECTION

In order to handle your claim, we are required to process your sensitive personal information, in particular your health and medical information. If you do not provide your consent for us to process your sensitive personal information, we will be unable to handle or pay your claim.

Complete information about how we will process your information, and how you can withdraw your consent to us processing your sensitive personal information, can be found in our Data Protection Notice at [www.cigna.co.uk/privacy.html](http://www.cigna.co.uk/privacy.html).

I hereby consent to Cigna processing the sensitive personal information provided in this form in order to process my claim.

Signature of patient: \_\_\_\_\_ Date: \_\_\_\_\_

(or parent/guardian if under 13)

THIS SECTION TO BE COMPLETED BY A QUALIFIED STAFF MEMBER AT THE DENTAL PRACTICE.

8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8
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NHS TREATMENT			
		Date of treatment	Charge to patient
Band 1	BD1DN		
Band 2	BD2DN		
Band 3	BD3DN		
Band 4	BD4DN		

PREVENTATIVE TREATMENT					
Code	Treatment	No of units	Tooth number	Date of treatment	Charge to patient
EXAMINATIONS					
A01	Normal				
A11	Extensive				
A21	Full Case Assessment				
X-RAYS					
B01	Bitewing				
B02	Intra Oral				
B03	O.P.G.				
SCALING AND POLISHING					
E01	One Visit				
MISCELLANEOUS TREATMENT					
D01	Fissure Sealants				
D11	Topical Fluoride Application				
MOU	Occlusal Splint				

MINOR TREATMENT					
Code	Treatment	No of units	Tooth number	Date of treatment	Charge to patient
FILLINGS					
G01	Amalgam-One Surface				
G02	Amalgam-Two+Surfaces				
G03	Amalgam-Three+Surfaces				
G21	Composite Anterior-One Surface				
G22	Composite Anterior-Two+Surfaces				
G23	Composite Posterior-One Surface				
G24	Composite Posterior-Two+Surfaces				
G31	Additional charge use of pin				
ROOT CANAL TREATMENT					
H01	Upper & Lower Anterior (1 root)				
H02	Upper Premolar (2 roots)				
H03	Lower Premolar (1 root)				
H04	Molars (3 + roots)				
EXTRACTIONS					
L01	Single				
L02	Per additional tooth				
N11	Post Operative Care				
SURGICAL PROCEDURES					
M01	Extraction/Removal Bone Debris				
M02	Extraction - soft tissue involved				
H21	Apicectomy				
ANAESTHETICS					
W11	Relative Analgesia/Nitrous Oxide				
P42	I.V. Valium				
OCCASIONAL TREATMENT					
S01	Dressings				
S11	Incising an Abscess				
S21	Open Root Canal for Drainage				
T11	Recementing Crowns/Bridges				
U01	Abnormal Haemorrhaging				

MAJOR TREATMENT					
Code	Treatment	No of units	Tooth number(s)	Date of treatment	Charge to patient
PERIODONTAL TREATMENT (NON SURGICAL)					
E21	Prolonged (Curettage/Root Planing)				
F51	Splinting				
PERIODONTAL TREATMENT (SURGICAL)					
F01	Gingivectomy				
F11	Mucoperio, Flap Bone Surgery				
DENTURES - ACRYLIC					
Q31	Partial or Full Upper OR Lower				
Q32	Partial or Full Upper AND Lower				
DENTURES - METAL					
Q43	Partial				
Q41	Full Upper or Lower				
DENTURES - METAL/ACRYLIC					
R63	Additional Tooth				
R61	Addition of Clasp				
K71	Denture Repair				
CROWNS/BRIDGES					
J01	Veneers (per tooth)				
K32	Adhesive Bridges				
K41	Conventional Bridgework				
K12	Standard Post & Core				
K11	Gold Post & Core				
K07	Bonded Precious Crown				
K05	Bonded Non Precious Crown				
K08	Full Cast Crown				
K06	Full Porcelain Crown				
INLAYS					
K02	Precious				
K01	Non Precious				
K03	Porcelain				
IMPLANTS					
IM	Dental Implant				
ADDITIONAL INFORMATION					

UK & OVERSEAS EMERGENCY COVER					
Code	Treatment	No of units	Tooth number	Date of treatment	Charge to patient
AEG	Accident				
OAE	Emergency				

**Total**

I confirm that the treatment has been/will be carried out under the N.H.S./privately and I hereby declare that all treatment and charges as stated are being submitted for approval/have been completed.

Signature (qualified staff member):

Date:

Dentist's stamp

## ACCESS TO MEDICAL REPORTS FOR YOUR CLAIMS ASSESSMENT

In this consent form, "we" means Cigna Life Insurance Company of Europe S.A.-N.V. UK Branch.

### Assessing your health plan claim

We require information from your doctor/dentist to assess your claim. We therefore need access to information from your medical/dental records.

The information you and your doctor /dentist provide about your health may result in us denying your claim

We may ask you to contact your doctor if we are waiting for reports which we have asked for.

### Cigna's information protection policy

We have an information protection policy in place which means we hold your information securely and access is limited to authorised individuals who need to see it. Your policy will be administered by a Cigna Group company, Cigna European Services (UK) Limited ("the administrator") and your medical/dental information will be shared with the administrator so that it may administer your policy and handle any claims you make under it.

We hold and process your personal information in accordance with data protection laws. More information about how we process your information can be found in our Data Protection Notice at [www.cigna.co.uk/privacy.html](http://www.cigna.co.uk/privacy.html).

Our Data Protection Notice is also included in your terms and conditions document which you can find in your member portal at [www.cigna.co.uk/members](http://www.cigna.co.uk/members).

If you provided us with a claim form you can request a copy at any time.

### Your rights under the Access to Medical Reports Act: important notes and information

We may need to get medical/dental reports to assess your claim. Before we can ask any doctor /dentist that you have consulted to fill in a report, we need your permission under the Access to Medical Reports Act 1988. Your rights under the Act are as follows:

- You do not need to give your permission, but if you do not, we may not be able to process your claim.
- You can ask to see the report before the doctor returns it to us. If this is the case, we will tell the doctor to keep the report for 21 days so that you can arrange to see it. If you have not made arrangements to see the report within this time, your doctor will send the report to us.
- If you choose not to see the report at this stage, you may ask the doctor for a copy within six months of it being sent to us. We can send a copy of the report to your doctor if you ask to see it at a later date.

- If you think that any part of the report is not correct or is misleading, you may ask the doctor to amend it. If your doctor refuses to make the amendments, you may ask him or her to attach a statement outlining your views, which will then accompany the report.
- Your doctor can withhold access to the report if he or she feels that it would cause physical or mental harm to you or others.

The medical report your doctor /dentist fills in may ask about any of the following:

- Your current health.
- Any care, medication or treatment you are currently receiving.
- The results of referrals or tests you are waiting for.
- Any time off work in the last three years.
- Your past health.
- Details (excluding minor self-limiting ailments/conditions) of any relevant illness, trauma, or referrals for specialist advice or treatment, hospital admissions, consultations with your doctor /dentist or any other medical adviser, therapist or counsellor, in particular whether you have a history of:
  - malignancy (cancer), cardiovascular (heart) disease, diabetes, and degenerative (gradually worsening) diseases
  - musculoskeletal disease or injury, for example, arthritis, rheumatism, back problems or any other
  - disorder of the joints or muscles
  - anxiety, depression, neurosis (such as phobias, obsessions and so on), psychosis (a mental disorder where you lose contact with reality), stress or fatigue
- suicidal thoughts or attempts at suicide.
- conditions related to drug or alcohol misuse or smoking or chewing tobacco.
- Details of any biopsies, blood tests, electrocardiograms (heart tests), diagnostic genetic test results, height, weight if measured in the last two years, urinalyses (tests on urine), x-rays or other investigations.
- Any blood pressure readings in the last three years.
- Any history of disease among your parents or brothers or sisters that you have told your doctor about.

We have asked your doctor not to reveal information about:

- negative tests for HIV, hepatitis B or C
- any sexually-transmitted diseases unless there could be long-term effects on your health, or
- predictive genetic test results.

If you have any questions about your rights under the act or questions relating to the process of getting, assessing or storing medical information, please write to: [Cigna Healthcare Benefits at 1 Knowe Road Greenock PA15 4RJ]

I **do not** want to see the report before it is sent to Cigna.

I **do** want to see the report before it is sent to the Cigna.

## DECLARATION

This consent form allows us to gather medical or dental reports to support any claim made on your health or dental plan. This information may be aggregated to provide management information for business analysis.

I agree to you asking any doctor I have consulted about my physical or mental health to provide medical information so you may assess my claim. I authorise those asked to provide medical information to do so following receipt of this consent form.

By signing this declaration I am allowing you to process my claim using the reports provided, including sensitive information relating to my physical or mental health and medical conditions.

I have read the declaration, important notes and information relating to my rights under the Access to Medical Reports Act.

Signed	
Date	

**Together, all the way.<sup>SM</sup>**



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